

**21 NCAC 53 .0213            MENTAL HEALTH PROFESSIONAL**

A mental health professional includes the following individuals:

- (1) Licensed Clinical Mental Health Counselors (LCMHC);
- (2) Licensed Marriage and Family Therapists (LMFT);
- (3) Licensed Clinical Social Workers (LCSW) with a master's degree in social work from a school of social work accredited by the Council of Social Work Education;
- (4) Licensed Psychologists;
- (5) Licensed Medical Doctors with a Medical Board certification in psychiatry;
- (6) Nurse Practitioners approved to practice in North Carolina and certified by the American Nurses Credentialing Center as an advanced practice nurse practitioner and certified in psychiatric nursing; and
- (7) Clinical Nurse Specialists certified by the American Nurses Credentialing Center or the American Psychiatric Nurse Association as an Advanced Practice Psychiatric Clinical Nurse Specialist (CNS).

*History Note: Authority G.S. 90-334(h); 90-334(i);  
Eff. January 1, 2010;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27, 2019;  
Amended Eff. January 1, 2020 (S.L. 2019-240, s. 3.(k)).*